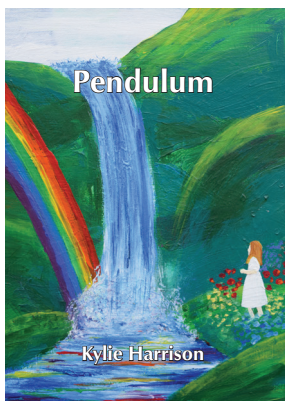


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Kylie Harrison

Pendulum



Kylie Harrison is a community peer worker, writer and comedian. In *Pendulum* Kylie writes about her journey and experience with bipolar mood disorder, which she has been exploring in her creative writing for twenty years. She relishes any opportunity to express herself. She loves the variety in her writing and has a vision that her poetry, comedy, speech writing and short film writing will all come together.

By revealing her own experiences on her journey to gain insight, she has written a poetry collection that is educational and inspiring, while focusing on trying to combat stigma. Three years on and she is ready to share with the world this eloquent collection. She believes that if you take one line of her story that changes the way you think about mental illness, or remember one of her poems, she has done her job and her experiences have been for a unique purpose.

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